

# SGSU

# OUTLOOK

## THE SOCIETY OF GOVERNMENT SERVICE UROLOGISTS



### 2016 KIMBROUGH SEMINAR - A SUCCESS IN SAN ANTONIO

Spring/Summer 2016



### Uniformed attendees pose for the opening ceremonies of the 63rd Kimbrough Seminar.

(Centered in suit and tie is Immediate AUA Past President William W. Bohnert, MD, Scottsdale, AZ who also became a member at the meeting.)

The SGSU held its 63rd Annual James C. Kimbrough Urology Seminar in sunny San Antonio at the Westin Riverwalk on January 13-17, 2016. The meeting was a tremendous success with high attendance, exhibits and much support. The scientific program under the direction of Dr. Timothy Phillips and Dr. Steven Hudak (pictured right) produced a stellar educational program with packed meeting rooms! In attendance were 175 physicians and health professionals, 22 guests, and 25 exhibiting companies. The meeting yielded up to 24.5 AMA PRA Category 1 Credits TM.



### NEW SLATE OF OFFICERS AND BOARD OF DIRECTORS 2016-2017

#### President

Hal A. Frazier, MD  
Washington, DC

#### Secretary

Steve C. Lynch, MD  
Holladay, UT

#### Treasurer

Joseph Y. Clark, MD  
Hershey, PA

#### Parliamentarian / Historian

Martin Dresner, MD,  
FACS, Tucson, AZ

#### Member at Large

Hal A. Frazier, MD  
Washington, DC

#### Retired Representative

Brian K. Auge, MD  
Meridian, ID

#### VA Representative

Richard Stack, MD  
Honolulu, HI

#### Urologists Liaison Advisors

#### Kimbrough Seminar Course Directors, 2017

Chanc Walters, MD  
Paul Womble, MD  
Portsmouth, VA

#### Past Kimbrough Seminar Course Directors (2016)

Steven J. Hudak, MD  
Timothy M. Phillips, MD  
San Antonio, TX

#### Army Urology Liaison

Douglas W. Soderdahl, Jr.,  
MD, Fort Sam Houston,  
TX

#### Army Member-At-Large

Timothy Brand, MD  
Tacoma, WA

#### Navy Urology Liaison

Hernan O. Altamar, MD  
Bethesda, MD

#### Navy Member-At-Large, Active Duty

Sean Stroup, MD  
San Diego, CA

#### Air Force Urology Liaison

Timothy M. Phillips, MD  
San Antonio, TX

#### Air Force Member-At- Large

Paul A. Friedrichs, MD  
Honolulu, HI

#### Military Resident Representative

Ines Stromberg, MD  
Virginia Beach, VA

#### Representative, AUA

#### Young Urologists

Matthew Christman, MD  
San Diego, CA

#### Reserve Component Representative

Brad F. Schwartz, MD  
Springfield, IL

#### Executive Director

Chris DeSantis, MBA

#### Associate Directors

Jeannie DeSantis, MBA  
Kathy DeSantis, CMP

#### Administrative Office

1950 Old Tustin Ave.  
Santa Ana, CA 92705

T: 714.550.9155

F: 714.550.9234

E: [info@govurology.org](mailto:info@govurology.org)

[www.sgsu.org](http://www.sgsu.org)

# Report of the Secretary-Treasurer, Joseph Y. Clark, MD

## *Dear Members and Colleagues,*

I would like to thank the members of the Society for attending our 63rd Annual James C. Kimbrough Urological Seminar, held at the Westin Riverwalk in San Antonio, Texas from January 13-17. Drs. Timothy Phillips and Steven Hudak as program directors planned an outstanding, educational meeting in the heart of the Riverwalk. I would like to recognize and commend them and their local administrative support for their efforts in organizing the meeting, along with the assistance of the DeSantis Management Group.

The meeting kicked off with the President's Reception on Wednesday night, a time to meet old friends and make new ones, share ideas, and to network. On Thursday morning after opening remarks by SGSU President Dr. Thomas Rozanski and AUA Immediate Past President Dr. William Bohnert, the scientific program started with the Residents Competition and the evening ended with the GU Bowl.

The remaining sessions on Friday and Saturday included many prominent faculty, mostly from the local area to include the San Antonio Military Medical Center, and gave residents and staff the opportunity to present their research, either during the podium or moderated poster sessions. Saturday night ended with the Kathy & Preston Littrell Awards dinner with a fascinating presentation by keynote speaker Dr. Clifford Buckley on his experiences with the Air Force ParaRescue during the Vietnam conflict.

Sunday morning offered chief residents and recent

graduates the chance to participate in mock oral boards to prepare them for the certifying examination of the American Board of Urology. This is offered at no cost for members – a great educational benefit.

Overall, the annual SGSU meetings give members an opportunity to meet friends, update medical knowledge, share ideas, and support the military training programs that help educate the future urologists of America. For the quality of the program and number of CMEs offered (24.5 CMEs were offered at this meeting), the annual James C. Kimbrough Urological Seminar remains an extremely valuable and economical way for military and former military urologist to stay abreast on the advances made in the specialty of urology. I ask each member to encourage past members and solicit potential new members to attend this great annual educational meeting.

Please plan to attend next year for the 64th James C. Kimbrough Urological Seminar in San Diego at the Sheraton Harbor Island Hotel from January 11-15, 2017. If you are attending the AUA Annual Meeting in May (also in San Diego), be sure to make time to attend the SGSU Member Reception on Monday, May 9th from 1700-1900, and have potential new members stop by the SGSU booth (#4408).

Finally, if any of the members have an interest in serving on the Board of Directors of the Society, please let us know. We do ask that if you are considering serving on the board that you plan on attending the annual meetings.

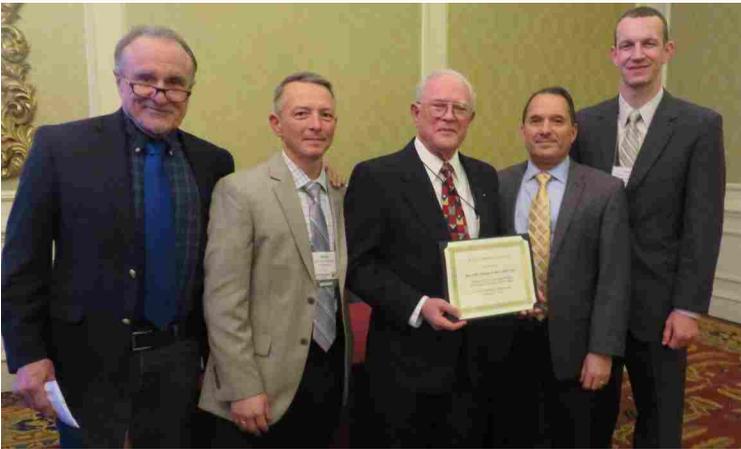
## Plan for 2017 - 64th Annual Kimbrough Seminar



**January 11-15, 2017  
at the  
Sheraton San Diego  
Hotel & Marina**

**Course Directors:  
Chanc Walters, MD &  
Paul Womble, MD  
from Portsmouth, VA**

# 2016 Littrell Awards Banquet Highlights



MAJ GEN Thomas P. Ball, USAF, Ret. (center) received the coveted HG Stevenson Award for his dedicated service to the SGSU. Dr. Ball was introduced by Dennis Gavin (L). The award was presented by Dr. Thomas Rozanski, President and Course Directors Drs. Steven Hudak & Timothy Phillips.



Course Directors Drs. Steven Hudak & Timothy Phillips present the Kimbrough Resident Awards to: CPT Jason Sedarsky, MC, USA, MAJ Matthew C. Kasprenski, MC, USA, MAJ Stephen Overholser, MC, USA, CPT Jonathan T. Wingate, MC, USA (accepted by CPT Andrew N. Salomon, MC, USA). (Not pictured: LT Travis C. Allemang, MC, USN & LCDR Randy K. Sulaver, MC, USNR).



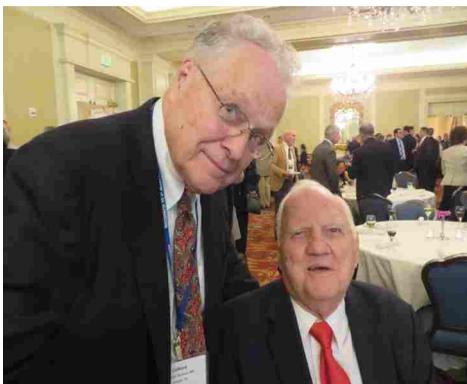
**Poster Session Winners:** MAJ Stephen Overholser, MC, USA and COL Robert C. Dean, MC, USA proudly display their certificates of merit presented by the Course Directors Drs. Timothy Phillips and Steven Hudak. (Not pictured 2LT Bradley A. Potts, MSC, USA)



Dr. Martin L. Dresner, Parliamentarian & Historian and Charter Member of the SGSU proudly displays his Honorary Membership award.



Course Directors Drs. Timothy Phillips and Steven Hudak present Maria Salazar the Clare Scanlon award for her work assisting them on the annual meeting.



Keynote speaker Col. Clifford Buckley and Preston Littrell share a few laughs before the banquet begins.



Preston & Kathy Littrell were honored with a plaque of distinction in anticipation of Preston's retirement.



Preston proudly displays his SGSU gold ring, a gift from the SGSU many years ago for his service and dedication.

# 2016 Award Winners - Sessions

## Congratulations Winners of the 2016 Annual James C. Kimbrough Seminar

**HG Stevenson Award** for outstanding support and dedicated service to the SGSU. Presented to: MAJ GEN Thomas P. Ball, USAF, Ret.

**Honorary Lifetime Membership Award** for lifetime dedication and service to the SGSU. Presented to: Martin L. Dresner, MD

**Prince Beach Award** for best paper (#19) presented by a society member staff physician as judged by chief residents. Presented to: LCDR Eric T. Grossgold, MC, USN

**Clare Scanlon Award** for outstanding administrative work to the 2016 annual seminar. Presented to: Maria Salazar

### Clinical Research Award Winners:

**1st Place:** #10 - MAJ Stephen Overholser, MC, USA

**2nd Place:** #1 - CPT Jonathan T. Wingate, MC, USA

**3rd Place:** #14 - MAJ Matthew C. Kasprenski, MC, USA

### Basic Science Award Winners:

**1st Place:** #5 - LT Travis C. Allemang, MC, USN

**2nd Place:** #15 - LCDR Randy K. Sulaver, MC, USNR

**3rd Place:** #4 - CPT Jason Sedarsky, MC, USA

### Poster Session Winners

**1st Place:** #41 - 2LT Bradley A. Potts, MSC, USA

**2nd Place:** #40 - MAJ Stephen Overholser, MC, USA

**3rd Place:** #43 - COL Robert C. Dean, MC, USA



Session highlights included: the poster sessions (pictured left top) which presenters were able to display their research and present a short talk, the Manthos Resident & Young Urologist Luncheon (pictured above) which addressed how to achieve professional excellence in military urology, and pictured left are a presenter and moderators. The presenters and moderators were commended on their interesting talks and moderators for their keen insights and keeping the sessions on time.



The GU Bowl - a revered highlight of the Kimbrough meetings, featured a light and bright Star Wars theme.



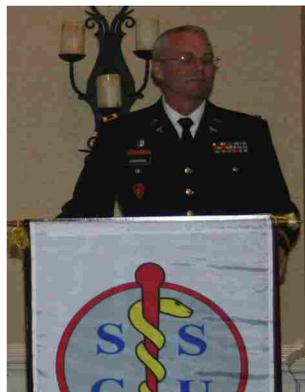
# SGSU Members Business Meeting

The SGSU Members Business meeting is always serves a major purpose to the members to learn about the state of the three branches of service. The liaison representatives are: Dr. Doug Soderdahl, Army, Dr. Hernan Altamar, Navy and Dr. Timothy Phillips, Air Force. They all report on man-power, deployments, graduates, open slots, relevance and service, any issues and the importance to further your military accolades and education. (Reports on page 7)

SGSU Officers: Dr. Steve Lynch, Dr. Joe Clark & Dr. Tom Rozanski



**ARMY**  
**Dr. Soderdahl**



**NAVY**  
**Dr. Altamar**



**AIR FORCE**  
**Dr. Phillips**



Incoming New SGSU President for 2016-2017, Dr. Harold "Hal" Frazier addresses the attendees at the SGSU Members Business Meeting.

## Meet at the AUA in San Diego in May

### Network at the SGSU Reception!

Monday, May 9  
5:00-7:00pm, Rancho Santa Fe 2 Room  
Marriott Marquis  
Please RSVP to [info@govurology.org](mailto:info@govurology.org)

### Visit the SGSU Booth! #4408

Encourage your colleagues to join!

# Take-Home Messages from the 2016 Meeting

## TAKE-HOME PEARLS BY JOHN M. BARRY, MD

- The Westin Riverwalk San Antonio, Texas was a good venue for the meeting.
- In the military, the lower utilization of active surveillance for clinical stage I testicular seminoma when compared to national studies is probably due to frequent deployments and transfers.
- Robot-assisted retroperitoneal lymph node dissection has come of age for the non-chemotherapy-treated, non-seminomatous testis cancer patient.
- Active surveillance is becoming more widely accepted as a management option by men with low risk prostate cancer.
- TMRSS2-ERG may become a therapeutic target for the treatment of prostate cancer.
- The identification of biochemical recurrence-associated genes could provide personalized risk stratification for men with clinically localized prostate cancer (Basic Science Prize Winner).
- The collagenase injection protocol for Peyronie's disease seems to work about a third of the time, is expensive, and is associated with adverse events, including penile fracture.
- There is an association between chronic testicular pain and mental health diagnoses.
- The DOD-approved 2% testosterone gel works.
- It doesn't seem to matter if a testicular artery is injured during varicocele repair.
- Access to urologic care for many Medicaid patients is restricted and variable by state. (Is greed the cancer of American medicine?)
- Urology residents are assets to patient care and attending urologist job satisfaction at the cost of increased OR times. Health care systems should continue to support post-graduate medical education.
- Prostatic urethral lifts are effective and do not adversely affect sexual function.
- Percutaneous nerve stimulation is effective for overactive bladder symptoms.
- The pattern of colorectal, genitourinary and lower extremity injury of the current conflicts is devastating and lessened by protective leg, lower abdominal and genital protective garments.
- Is there an association of hypospadias with fertilized farmland?
- A robotic-assisted vasovasostomy can be done as rapidly as an open kidney transplant.
- PSA increases with bariatric surgery-induced weight loss. "Why" is to be determined.
- There is discordance between the AUA Cryptorchid Guideline and practice patterns by pediatric urologists.
- Do glanular and coronal hypospadias need to be repaired in childhood (or ever)?
- Re-do laparoscopic spiral flap pyeloplasty works and takes a lot of OR time.
- A reminder call to patients the day before an appointment is a waste of time.
- American health care doesn't do well in value (outcome ÷ cost) calculations.
- The AUA Consensus Statement on Advanced Practitioner Providers is worth a read.
- Read the AHLTA coding tip handout. It's applicable to any practice that's RVU-monitored.
- In addition to the urologist (and his or her clinical pathways) and anesthesiology services, treatment plans for the management of invasive bladder cancer patients should include a nurse coordinator, social service, financial counseling, nutrition, pharmacy, and medical oncology.
- The risk of exstrophy is increased in IVF babies; 7X in the US and 14X in Europe.
- There is no shame in staged repairs of urethral strictures or hypospadias.
- Current pelvic/abdominal radiation therapy may allow small bowel and cecum to be used for urinary diversion/reconstruction.
- Make friends with orthopedic and plastic surgeons if you plan to take care of patients with complications of radiation therapy.
- A smooth transition of care to the VA health care system needs to be done for our wounded warriors.
- The principles of reconstructive genitourinary surgery following combat injuries are the same in the UK as in the US except that sperm may discreetly be retrieved without a wounded veteran's permission in the UK.
- A tumor thrombus that extends into hepatic veins is a bad sign.
- In a rat model, sacral nerve stimulation can be delayed until the final 50% of bladder filling.
- Ureteroscopic operative time is increased for lower pole, large and uric acid stones.
- Sperm can be cryopreserved after ultrasound-guided aspiration from the seminal vesicles of dismantled IED-injured men.
- Mesothelioma of the tunica vaginalis of the testis is rare and has a poor prognosis.

## WHAT CHANGES WE WILL MAKE AS A RESULT OF ATTENDING THE SESSIONS AS REPORTED ON THE EVALUATION FORMS

### *What are you going to change as a result of attending the Sessions on: Resident Competitions, Clinical Research, Practice Management/Health Policy:*

- My coding practices.
- Treatment of castrate resistant prostate cancer patients.
- Change treatment of Peyronie's Disease.
- Consider use of different therapies for CRPC.
- Better educated to consult and advise prostate cancer patients.

### *What are you going to change as a result of attending the Sessions on: Oncology-Bladder, Oncology-Kidney/Testis, Pediatric Urology, Trauma/Reconstruction and Poster Presentations:*

- Consider use of blue light cystoscopy.
- Employ use of neoadjuvant chemotherapy for T2 bladder cancer.
- Consider use of neoadjuvant chemotherapy before going onto cystectomy.
- Consider seminal vesicle aspiration for sperm harvest.
- Change treatment of bladder cancer patients.
- Be more aggressive in treatment of non-invasive bladder cancer
- Do more aggressive referral for neoadjuvant chemotherapy prior to cystectomy.
- Do more counseling of patients on neoadjuvant chemotherapy.
- Be aggressive with TURBT.
- Increase use of neoadjuvant chemotherapy prior to cystectomy.
- Do NAC before cystectomy.
- Better manage prostate cancer patients on surveillance.
- Improve my counseling of patients on management of bladder cancer.
- Will begin to try buccal vaginoplasty.
- Management of RCC thrombosis, testis cancer, vaginal abnormalities.
- Use of TRUBT, blue light cystoscopy.

## State of the Three Branches of Service

### REPORT OF THE ARMY – Doug Soderdahl, MD

Dr. Soderdahl reported:

- The state of Army Urology is about readiness, access and relevance.
- There is a new chief of staff and surgeon general.
- Readiness in the Army is how to be ready to fight in conflicts.
- Access is about providing high quality timely care for all of our active duty members and other beneficiaries.
- Relevance in the Army is how we need to show that the military healthcare system is unique, efficient and provide as much quality as civilian healthcare.
- He stressed that military education will progress your career.
- Dr. Soderdahl said it is an honor and a pleasure to serve as the Army Consultant.

### REPORT OF THE NAVY – Hernan Altamar, MD

Dr. Altamar reported:

- Has taken over CAPT Lisa Cartwright's position.
- State of the Navy is solid and in good shape.
- There are 4 PGY-2 resident entries for summer 2016.
- Drs. Donahue, L'Esperance, and Middleton are retiring in 2016.
- Dr. L'Esperance is stepping down as NMCS D Residency Program Director, replacement selection pending.
- There was a zero selection goal at GMESB 2015 for fellowships, risking subspecialty shortages in the near future.
- In 2016, the Navy community welcomes 5 colleagues from residencies/fellowships.
- CDR Altamar is honored and privileged to be charged with the stewardship and oversight of the Navy Urology community.



Networking at the 63rd Annual Kimbrough Seminar



## Evaluation Comments from the Meeting (cont.)

*What are you going to change as a result of attending the Sessions on: Urologic Oncology, Clinical Research, General Urology, Male Incontinence and Female Incontinence/Voiding Dysfunction*

- Increased my knowledge for teaching overseas
- Better counseling patients with prostatectomy incontinence.
- Better dietary recommendations for stone disease patients.
- Start injection therapy for Peyronie's.
- Recommend more penile use of Xtandi.
- Use PCPT PRC more often.
- Earlier use of chemotherapy in metastatic prostate cancer patients.
- Improved my confidence in medical management of prostate cancer.
- Use more free PSA.
- Consider obtaining a free PSA to help stratify risk for prostate cancer patients.
- Investigate and learn more about prostate biomarkers.
- How I utilize PSA in my practice.

---

### REPORT OF THE AIR FORCE – Timothy Phillips, MD

Dr. Phillips reported:

- The state of the Air Force urology is doing okay
- There are 19 authorized general urology positions
- There are 3 new graduates to fill vacancies
- They are permitted to have 8 training positions – had 6 qualified applicants
- Offered female urology reconstruction fellowship, but had no applicants
- Future manning okay this year, for 2017 will be -1 – 95% down
- There is a shortage of GU manpower
- Increase of recruitment efforts for qualified applicants
- No deployment at this time



# Thank you 2016 Meeting Supporters

## DOUBLE DIAMOND SUPPORTERS

Boston Scientific Corp  
Genomic Health  
Medivation  
Astellas Pharma US, Inc  
Janssen

## DIAMOND SUPPORTER

Reflexonic - Urology Health Store

## BRONZE SUPPORTER

Karl Storz Endoscopy-America

## EMERALD SUPPORTERS

GenomeDx  
Society of Genitourinary Reconstructive  
Surgeons (GURS)  
American Urological Association  
MiMedx



## EXHIBITORS

Astellas Pharma US  
Bayer  
Boston Scientific Corp.  
Cogentix  
Coloplast  
Cook  
Dendreon Corp.  
Dornier Medtech America, Inc  
Endo  
Genomic Health  
Hitachi Aloka  
Janssen Biotech  
Karl Storz Endoscopy-America  
Lumenis  
Medivation  
MiMedx  
Mission Pharmacal  
Neotract, Inc.  
Opko  
PSS Urology  
Reflexonic-Urology Health Store  
Richard Wolf Med. Instr. Corp.  
Siemens Med. Solutions USA  
Signostics

