

SGSU

OUTLOOK

THE SOCIETY OF GOVERNMENT SERVICE UROLOGISTS



2017 KIMBROUGH SEMINAR IN SAN DIEGO

Spring/Summer 2017

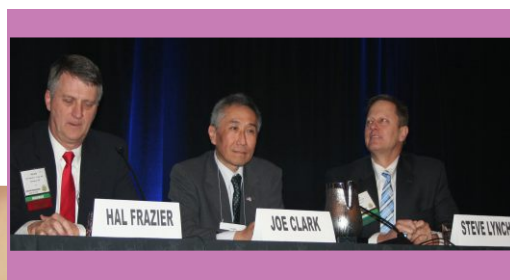


Uniformed attendees pose for the opening ceremonies of the 64th Kimbrough Seminar.

(Centered in suit/tie are Hal Frazier, MD, President, Richard Babayan, MD, AUA President, Martin Dresner, MD, Historian, John Barry, MD, AUA Past President & Brig. Gen. Tom Turlington, MD)

The SGSU held its 64th Annual James C. Kimbrough Urology Seminar in beautiful San Diego at the Sheraton Harbor Island Hotel on January 11-15, 2017. The meeting was a tremendous success with high attendance, exhibits and much support. The scientific program under the direction of Dr. Paul Womble and Dr. Chanc Walters (pictured right with President Dr. Hal Frazier) who produced a stellar educational program with packed meeting rooms! In attendance were 175 physicians and health professionals, 22 guests, and 25 exhibiting companies. The meeting yielded up to 21.25 AMA PRA Category 1 Credits TM.

(L to R) President Hal Frazier, MD, Treasurer Joe Clark, MD and Secretary Steve Lynch, MD at SGSU Business Meeting.>



<Plaques of appreciation presented to Course Directors: (L) Paul Womble, MD & (R) Chanc Walters, MD by President Hal Frazier, MD.

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Matthew Christman, MD
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Steve Hudak, MD,

Report of the newly elected Secretary, Harold (Hal) Frazier, MD

Dear Members and Colleagues,

I would like to thank the members of the Society for attending our 64th Annual James C. Kimbrough Urological Seminar, held at the Sheraton Harbor Island Hotel in San Diego, January 11-15. Drs. Chanc Walters and Paul Womble, Program Directors **RAN** an outstanding, and educational meeting. I would like to recognize and commend them and their local administrative support for their efforts in organizing the meeting, along with the assistance of the DeSantis Management Group.

The meeting kicked off with the President's Reception on Wednesday night, a time to meet old friends and make new ones, share ideas, and to network. On Thursday the scientific program included the Residents Competition, remarks by AUA President Richard Babayan and the traditional GU Bowl & tailgate party.

The remaining sessions on Friday and Saturday included many prominent faculty state of the art talks and panels, staff presentations, the poster session and reception. Saturday night ended with the Kathy & Preston Littrell Awards dinner with a fascinating presentation by keynote speaker Dr. Kurt McCammon who spoke on "Surgical Volunteerism".

Sunday morning offered chief residents and recent graduates the chance to participate in mock oral boards to prepare them for the certifying examination of the

American Board of Urology. This is offered at no cost for members—a great educational benefit.

Overall, the annual SGSU meetings give members an opportunity to meet friends, update medical knowledge, share ideas, and support the military training programs that help educate the future urologists of America. For the quality of the program and number of CMEs offered (21.25 CMEs were offered at this meeting), the annual James C. Kimbrough Urological Seminar remains an extremely valuable and economical way for military and former military urologists to stay abreast on the advances made in the specialty of urology. I ask each member to encourage past members and solicit potential new members to attend this great annual educational meeting.

Please plan to attend next year for the 65th James C. Kimbrough Urological Seminar in Scottsdale, Arizona at the Scottsdale Resort from January 10-15, 2018. If you are attending the AUA Annual Meeting in May in Boston, be sure to make time to attend the SGSU Member Reception on Monday, May 15th from 4:30pm-6:30pm, and bring a potential new members, also plan on visiting the SGSU booth (#341).

Finally, if you have an interest in serving on the Board of Directors of the Society, please let us know. If you are considering serving on the board, you must attend the annual meetings and board meetings.

-Hal Frazier, MD, Secretary/Immediate Past President

Plan for 2018 - 65th Annual Kimbrough Seminar

★ **MARK YOUR CALENDARS!** ★



January 10-14, 2018

Where:

**The Scottsdale Resort
at McCormick Ranch
in sunny Scottsdale, AZ**

Course Director:

**Robert C. Dean, MD
Walter Reed Nat'l
Military Med. Ctr.**

2017 Littrell Awards Banquet Highlights



Dr. George Kaplan (L) received the HG Stevenson Award from President, Dr. Hal Frazier for his dedicated service to the urology residents and urology programs.



President Dr. Hal Frazier (L) presents the Honorary Lifetime Achievement Award to Dr. Mitchell Edson. for his continued support and attendance to all meetings of the SGSU.



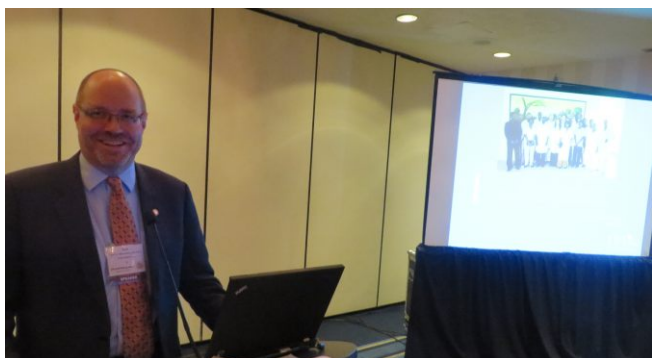
President Dr. Hal Frazier (L) presents the Clare Scanlon Award to Dr. Joseph Sterbis for his work on organizing the Mock Oral Boards for many years for the SGSU.



Poster Session Winners: First Place: Amanda Reed-Maldonado & 2nd Place Winner CPT Karmon Janssen, MC, USA proudly display their certificates of merit presented by President Dr. Hal Frazier (L) and Course Directors Drs. Paul Womble & Chanc Walters (R). (Not pictured 3rd Place: CPT Kevan Iffrig, MC, USA).



Resident Competition - Basic Science Research Winners: First Place: CPT Tara K. Ortiz, MC, USA & 2nd Place: CPT Richard S. Otto, MC, USA proudly display their certificates of merit presented by President Dr. Hal Frazier (L) and Course Directors Drs. Paul Womble & Chanc Walters (R). (Third Picture (R): 3rd Place Winner: CPT Stephanie Sexton, MC, USA).



Saturday evening keynote speaker Kurt McCammon, MD spoke on "Surgical Volunteerism" at the Littrell Awards Dinner.



Resident Competition - Clinical Urology Winners: First Place: CPT Jonathan Wingate, MC, USA & 3rd Place: CPT Katherine Carlisle, MC, USA proudly display their certificates of merit presented by President Dr. Hal Frazier (L) and Course Directors Drs. Paul Womble & Chanc Walters (R). Not pictured: 2nd Place: LCDR Michael T. Marshall, MC, USN).

2017 Award Winners - Sessions

Congratulations Winners of the 2017 Annual James C. Kimbrough Seminar

HG Stevenson Award for outstanding support and dedicated service to the SGSU and urology residency programs. Presented to: George Kaplan, MD.

Honorary Lifetime Membership Award for lifetime dedication and service to the SGSU. Presented to: Mitchell Edson, MD

Prince Beach Award for best paper (#65) presented by a society member staff physician as judged by chief residents. Presented to: LCDR Eric T. Grossgold, MC, USN

Clare Scanlon Award for outstanding administrative work to the 2017 annual seminar. Presented to: Joseph R. Sterbis, MD.

Clinical Research Award Winners:

1st Place: #26 - CPT Jonathan Wingate, MC, USA

2nd Place: #16 - LCDR Michael T. Marshall, MC, USN

3rd Place: #28 - CPT Katherine A. Carlisle, MC, USA

Basic Science Award Winners:

1st Place: #11 - CPT Tara K. Ortiz, MC, USA

2nd Place: #12 - CPT Richard S. Otto, MC, USA

3rd Place: #13 - CPT Stephanie Sexton, MC, USA

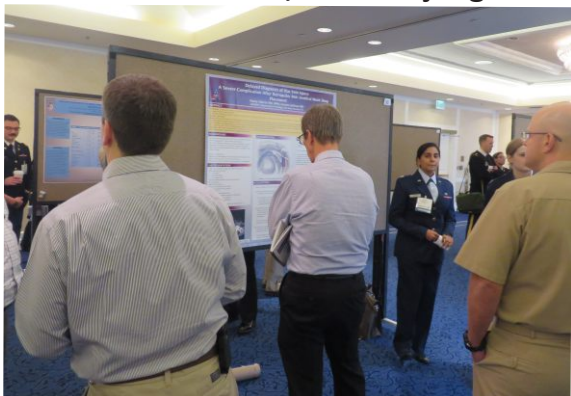
Poster Session Winners

1st Place: #63 - Amanda Reed-Maldonado, MD

2nd Place: #62 - CPT Karmon Janssen, MC, USA

3rd Place: #52 - CPT Kevan Iffrig, MC, USA

Posters: reviewed, heard & judged.



The Poster Session/Podium Presentation & Reception is where presenters were able to display their research and present a short talk and discuss it at the podium.



The Manthos Resident & Young Urologist Luncheon's keynote speaker was CAPT Richard Green, MC, USN who addressed "Physician Wellness" was very well attended by the Residents and Young Urologists.



THE GU BOWL - A FUN & LIVELY SGSU TRADITION

The GU Bowl - a revered highlight of the Kimbrough meetings, featured a tribute to celebrities who passed away in 2016.



Membership - Networking - Speakers

Member - get - a - Member and receive free meeting registration!

Lt. Col. Roland Bartmuss (R) will attend his next SGSU meeting at no charge as will his referring member, Karl Von Dobshuetz, MD. (German Army).



New Members from Dusseldorf, Germany.

Network breakfast with young urologists.



Naval friends & colleagues meet at Network Breakfast.



AUA Presidential Address by Dr. Richard Babayan.

Jeffrey Jones, MD, President, USAV reports on the affiliation approval of SGSU. More information at govurology.org/usav.



Meet at the AUA in Boston - May 2017

Network at the SGSU Reception!

Monday, May 15

4:30-6:30pm, Alcott Room

Westin Boston Waterfront

Please RSVP to info@govurology.org

Visit the SGSU Booth!

#341

Encourage your colleagues to join!

Take-Home Messages from the 2017 Meeting

TAKE-HOME PEARLS

BY THOMAS HATCH, MD

- There is not a statistically significant increase in tumor progression or recurrence in those patients who experienced a delay in the initiation of BCG. (By Andrew Franklin, MD)
- Extracorporeal Shock Wave Therapy can be used to improve male fertility. (By Amanda Reed-Maldonado, MD)
- Your success as a leader can be measured by the success of those who work with you. (By Lt. Gen. Bernie Mittenmeyer)
- I would like to see Dr. Barry's talks given to all incoming urology residents.

BY TIMOTHY BRAND, MD

- Enzalutamide is easy to prescribe but causes fatigue. (By Ray Lance, MD)
- Corynebacteria are bad for prosthetics. (By Jesse N. Mills, MD)
- Primary care should refer everyone with psa >1.5 ng/dl to urology for risk assessment (using sophisticated biomarkers) for clinically significant prostate cancer. (By E. David Crawford, MD)
- "If you are not trying to get ahead, then you've already decided that you're going to fall behind." (By LTC Alex Ernest, MC, USA)
- Survivorship care plans are useful and can improve focus on patient quality of life after oncologic treatments. (by Ryan P. Terlecki, MD)
- John Barry, MD has not only mastered renal transplantation, but quite possibly, every aspect of life. (By Audience, after viewing the "Tips and Tricks" talk)
- Transgender management is complex and can affect soldier readiness. (By LCDR Eric T. Grossgold, MC, USN)
- Docetaxel should be used sooner rather than later in advanced prostate cancer. (By Evan Y. Yu, MD)
- Surgical Volunteerism is hard work but very rewarding. (By Kurt McCammon, MD, FACS)

BY JOHN M. BARRY, MD - TOP 5 MEETING ASPECTS

- GU Bowl Official Tailgate Party
- "Lt. Gen. Mittenmeyer... The REAL Bernie" (By BGEN James (Tom) Turlington)
- Men's Health Panel discussions. (By COL. Robert C. Dean)
- "Implementing and Managing a Multidisciplinary Prostate Cancer Clinic" (By LTC Timothy C. Brand)
- "Biomarkers and Risk Stratification in Prostate Cancer" (By E. David Crawford)

2017 EVALUATION FORM REPORTED CHANGES WE WILL MAKE AS A RESULT OF ATTENDING THE SESSIONS

Reported changes as a result of attending the Sessions on: Resident Competitions (Sexual Med., Pediatrics, Basic Science, Bladder & Testis, Prostate, Gen. Urology, Reconstructive Surgery):

- Use bladder outlet distinction as therapy
- Use of simple layer vasovasectomy technique

- Consider modifying protocol for CT imaging in low risk hematuria workup
- Will start to use TUMT
- Better clinical decision-making, confidence in interaction with patients
- Better educate patients
- Pay more attention to nuclear grading on prostate pathology reports
- Increased awareness of treatment options to discuss with patients
- Start using Urolift
- Consider using TUMT in urolift for BPH
- Less use of CT Scan
- Consider using alkaline phosphorus test in CAP

Reported changes as a result of attending the Sessions on: Pediatrics, Men's Health, Prostate Cancer, Endourology/Prostate Cancer, Poster Presentations:

- Will change how I approach diagnosis of prostate cancer
- Consider ordering markers prior to prostate biopsy & MRI for elevated PSA
- More use of prostate cancer markers and imaging
- Be more aware of clinical options for prostate cancer
- Know options for metastatic/hormone resistant prostate cancer & diagnosis after neg. biopsy
- Use of PCM in prostate cancer diagnosis
- Consider neoadjuvant chemo for upper tract TCC

Reported changes as a result of attending the Sessions on: General Urology, Transgender Surgery, Clinical Management, Reconstruction:

- Consider more surgical surveillance
- Consider subcutaneous leuporelin acetate formation for ADT
- Investigate transgender issues
- Educate my patients more
- More aggressive care for neurogenic bladder
- Implementation of transgender care protocols



CAPT Joe Roos and Dr. Sean Stroup, NMCS, pose by SGSU info table. The NMCS provided assistance to the SGSU for the San Diego meeting.

SGSU Members Business Meeting

The SGSU Members Business meeting always serves a major purpose to the members to learn about the state of the three branches of service. The liaison representatives are: Dr. Doug Soderdahl, Army, Dr. Hernan Altamar, Navy and Dr. Timothy Phillips, Air Force. They all report on man-power, deployments, graduates, open slots, relevance and service, any issues and the importance to further your military accolades and education.



REPORT OF THE ARMY – Doug Soderdahl, Jr., MD

- The state of Army Urology is about readiness, access and relevance.
- Readiness in the Army is how to be ready to fight in conflicts.
- Access is about providing high quality

timely care for all of our active duty members and other beneficiaries.

- There will be a change in the way benefits are paid, everyone will be part of the new system.
- No army urologist deployments at this time.
- Relevance in the Army is how we need to show that the military healthcare system is unique, efficient and provide as much quality as civilian healthcare.
- Military education will progress your career.
- Dr. Soderdahl said it is an honor and a pleasure to serve as the Army Consultant.



REPORT OF THE NAVY – Hernan Altamar, MD

- He memorialized Dr. Jean Fourcroy who was a pioneer in Navy urology.
- Navy Urology is entering a several year period of plus strength in manning.
- 3 residents and 1 fellow joined the urology workforce in 2016.
- 6 residency graduates join the

urologist workforce in 2017; they all await duty station assignment.

- 3 members retired in 2016 and 1 retirement is anticipated in 2017.
- CDR Matt Christman was selected and assumed duties as Residency Program Director at NMC San Diego.
- ONLY two residents were matched into three PGY-2

training positions for summer 2017

- There is one fellowship start for Andrology & Infertility in 2017; no pre-selects for future fellowship training.
- CAPT Christine Sears assumes duties as commanding officer of Naval Hospital Oak Harbor this summer.



REPORT OF THE AIR FORCE – Timothy Phillips, MD

- There has been a lot of movement in Air Force Urology since last report
- General urology authorizations have decreased from 19 to 18 with the conversion of an authorization at Nellis AFB to a contract position.

- USAF anticipates 3 resident graduates this coming summer
- At the 2016 GMESB, we were authorized 9 training positions: 2 at SAUSHEC; 4 civilian sponsored; 3 civilian deferred, only 5 qualified applicants for the 9 positions
- The match rate of Air Force HPSP medical students in the civilian urology match mirrors that of civilian medical students ranging from 50-70% from year to year. Thus, every year we are failing to train enough urologists to meet future requirements.
- In FY20 for example manning is projected to be 15 urologists filling 20 authorizations (75%)
- We will be aggressively pursuing the creation of active duty residency training positions within civilian residency programs over the next year.
- The female urology fellowship remains unfilled and will be offered again for the 2017 GMESB.

Networking during the break.



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