

SGSU

OUTLOOK

WINTER/SPRING 2020/2021

THE SOCIETY OF GOVERNMENT SERVICE UROLOGISTS



(Left) 2021 Course Directors: CDR Justin DeGrado, MC, USN, Naval Medical Center San Diego & Jeffrey A Jones, MD, FACS, FACPM, FAsMA, OCL Deputy Executive - Chief of Urology - CL/MEDVAMC, Professor Baylor College of Med., Scott Dept. of Urology Ctr. for Space Med., Captain, US Navy Reserves, Fleet Logistics Support Wing Surgeon, USNR Aerospace Medicine Speciality Leader.

Although the meeting was virtual, it seemed as if we were all together. (Right) Dr. Justin DeGrado officiates the meeting from (DMG Office) SGSU Headquarters in So. California. (Below) Dr. Robert Dean, President, led the Members Business Meeting. (Lower Right) Chris & Jeannie DeSantis, Executive Directors, during the Board & Business Meetings. Because of everyone's participation it was a success!



Report of the Special 2021 Virtual Program. The SGSU held an abbreviated 1.5-day virtual Special Program on January 23 & 24, 2021, instead of the 68th Annual James C. Kimbrough Urology Seminar this year which was to be held in Rancho Mirage but cancelled due to the pandemic. Our Program Chairmen, pictured on the left, Dr. Justin DeGrado, and Dr. Jeffrey Jones, organized a superb virtual program utilizing the Whova App which showcased 55 pre-recorded video presentations by Medical Students, Residents, Fellows and Staff with live discussions. The Whova App provided an efficient hub for registrant connections. The daily challenges created excitement to use the App to gain more points in order to win prizes. There was interaction with Industry/Exhibit booths and even an opportunity to attend a Mock Oral Boards all while receiving up to 8.75 CME credits. There were 270 registered Physicians/Health Professionals and 50 exhibitors representing 15 companies.

This year as a member benefit the registration fee was at no charge. The Course Directors appreciated the help of all the moderators who reviewed all the abstracts and were prepared with questions. Also many thanks to Dr. Joe Sterbis who again conducted the Mock Boards and to Dr. John Barry for providing take-home messages from the meeting located on page 5. The top papers were awarded and judged by Drs. Robert Dean, John Barry and Judd Moul - we appreciate them for taking the time to view and critique all the presentations. The winners are listed on page 4. **Congratulations all!**

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Report of the Secretary, Hal Frazier, MD



Dear Members and Colleagues,

I would like to thank the members of the Society for attending our Special Virtual Program this year. Unfortunately due to the pandemic our usual Annual James C. Kimbrough Urological Seminar will happen in 2022. Drs. Justin DeGrado and Dr. Jeffrey Jones, Program Directors, coordinated an outstanding, educational and interactive meeting along with the ingenious work of the DeSantis Management Group. I would like to recognize and commend all them their efforts in organizing this type of meeting.

Even though it was a virtual format attendees were provided with a valuable opportunity to view the meeting from home at no charge, update medical knowledge, use virtual chat to share ideas and support the military training programs that help educate the future urologists of America. This 1.5 day meeting was dedicated to quality content and offered 8.75 CME credits. The SGSU provides an extremely valuable and economical way for military and former military urologists to stay current on the advances made in the specialty of urology. Another valuable portion of the meeting is the Mock Oral Boards which offers chief residents and recent graduates a chance to prepare for the certifying examination of the American Board of Urology. The pass rate is very high among those who took advantage of the Mock Oral Boards, another fantastic educational benefit offered at no cost for attendees.

I ask each member to encourage past members and solicit potential new members to attend this great annual educational meeting. Please plan to attend next year at the Westin Mission Hills Resort in Rancho Mirage, CA on January 25-31, 2022! At the AUA Annual Meeting, Las Vegas, September 9-13, we will host a Member Reception (date & time to be announced). Visit the SGSU booth #304, and attend the USAV Annual Meeting on Sunday, September 12,

2021, 10:30am-2:30pm at the Sands Expo/Venetian Hotel complex.

Are you a dedicated member with an interest in serving on the Board of Directors, if so, please let me know. To do so, you must commit to attend the annual meetings and board meetings to be of service. - **Hal Frazier, MD**

IN MEMORIAM

The SGSU regrets to inform you of the following passings:

Martin L. Dresner, MD, COL MC USA (Ret.) deceased Jan. 20, 2020, Tucson, AZ, Senior Member, SGSU Historian/Parliamentarian, Awarded 2016 SGSU Honorary Lifetime Membership.

Mitchell Edson, MD, CPT MC USN (Ret.) Fredericksburg, VA, deceased Feb. 19, 2020, Senior Member, Awarded 2017 SGSU Honorary Lifetime Membership. He attended every meeting, the last meeting he attended was in 2018.

Leonard Maldonado, MD, MC USA (Ret.), El Paso, TX, deceased Jan. 19, 2019, Senior Member.

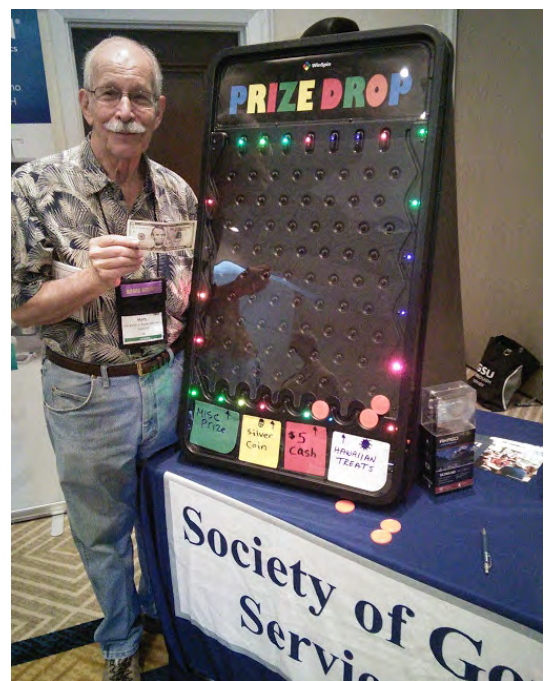
Edward J. McGuire, MD (LTC USAR), Senior Member. Founding member of the Urodynamics Society, editor of The Journal of Urology, Journal of Pelvic Surgery, Journal of Neurobiology & Urodynamics. Award winner of many AUA Award honors.

David McLeod, COL MC USA (Ret.), Silver Spring, MD, deceased Dec. 18, 2020, Senior Member. Legendary pioneer in Military urology. Awarded the AUA Distinguished Contribution in 2009.

Kevin O'Connell, MD, MC USN (Ret.), Sioux Falls, SD, deceased May 4, 2020, Senior Member.



(Left) Dr. Hal Frazier with Dr. Mitchell Edson (L) enjoying a moment at the 2018 Poster Sessions. (Right) Dr. Martin (Marty) Dresner (Marty) Dresner wins a prize at the 2018 meeting.



2021 State of the Army, Navy, Air Force, USAV

State of the Army by COL Joseph Sterbis, MC, USA

This year the government's hold on the medical military we feared did not affect military Urology, which has stabilized, thanks to efforts of Dr. Doug Soderdahl and Dr. Timothy Brand as well as others who contributed. I am pleased to announce that Dr. Doug Soderdahl (Brooke Army Medical Center) was awarded the highest awards in medical military education, the prestigious Malone Award, a few months ago. Congratulations to Dr. Soderdahl, in addition to serving 30 years in the Army he has earned retirement.

Our residents program is in great shape. Four of our residents were graduated, not all have assignments determined yet; this summer two fellows will be graduating and three army urologists were selected for fellowships in 2022. The residents program continues to be an ideal place to learn a urology career.

The State of Navy by CAPT R. Chanc Walters, MC, USN

Navy Medicine's future has been complicated by COVID. One thing that is certain is the move to deployment billets. We are still overmanned as a specialty. Currently we have 39 Navy Urologist in 29 billets. 4 are currently in non-Urology billets:

CAPT Chris Sears is the 7th Fleet surgeon.

CAPT Chris Tepera is the CO at NMRTC Pearl Harbor.

CAPT Joe Miller is an Executive Director/Medical Director TRICARE Area Office – Pacific

LCDR Randy Sulaver is a Dive Medical Officer in Yorktown, Virginia.

In 2021, we will say farewell to 6 colleagues: Mike Santomauro, James Masterson, David Griffin, Ines Stromberg, Austin Younger, and Jack Zuckerman. will all be separating. This summer we will have 6 residency graduates.

We had no Urology selections for O-6. Navy GME had an encouraging year. Overall, we are in a time of chaotic change. If we stay organized and use connection made through this organization and meeting we can hopefully come out of this process in a better position.

State of the Air Force by Lt. Col. Christopher Allam, MC, USAF

In terms of Air Force Urology workforce: authorizations have remained at 16 with 4 fellowship shred AFSC for a total Urology force strength of 20. The fellowship opportunities continue to be in pediatric urology, urologic oncology, female urology / reconstruction, and endourology / robotics. There is currently a deficiency of 4 Urologist with vacancies at Travis AFB CA, Keesler AFB, MS and Langley AFB, VA and Elgin AFB, FL.

There were two new resident graduates last summer: Capt Amy Reed (SAUSHEC) – Wright Patterson AFB and Capt Ryan Zipper (University of South Carolina) – Langley AFB, CA

We anticipate only 5 resident graduates this coming summer: Capt Ashley Henry (SAUSHEC), Maj Dan Ensley (SAUSHEC), Capt Adam Peterson (McLarn Urology, Michigan), Capt Brooke Tullos (LSU), and Ryan Layman (LSU Shreveport).

Air Force Gains: Lt. Col Eric Umbreit complete his Urologic Oncology fellowship at MD Anderson and joined the BAMC Urology staff. Maj Pansy Uberoi is anticipated to graduate Reconstruction fellowship at Virginia Mason Medical Center in Seattle and join the SAUSHEC Urology faculty.

This summer AF Urology is anticipated to lose 2 urologists to separation with Maj Matt Stringer (Elgin AFB) and Maj Austin Barber (Keesler AFB).

At the 2020 JSGMESB, we were authorized 4 training positions: 1 at SAUSHEC; 1 civilian sponsored; 2 civilian deferred. AF Urology matched 1 applicant at SAUSHEC and 3 applicants into civilian deferment.

2021 JSGMESB: We will determine number of training authorizations at the HPERB in Apr/May 2020.

Challenges: Continued manning shortage by 20%, DHA integration, Urologist retention.

State of USAV by Muta Issa, MD

USAV Executive Board: In 2020, changes in the Executive Committee included the following:

Dr. Stacey Koff, Chair, Bylaws; Dr. Minhaj Siddiqui, Chair of 2021 AUA Scientific Program for the upcoming 2021; Dr. Arvin George, Co-Chair, Scientific Program. There is one vacancy; Liaison for SGSU to be filled soon.

USAV & AUA: This was a challenging year for the USAV scientific program. The USAV is fortunate and grateful for its affiliation with the SGSU. The USAV meeting during the 2021 is slotted for Sunday, September 12, 2021, 10:30am-2:30pm at Sands Expo Convention Center, Las Vegas, NV.

USAV & AUA: Three members of the USAV Board serve on The AUA Veterans Affairs Workgroup with the chair being Dr. Jeffrey Jones. The workgroup mission is to:

- Integrate the interest of VA urologists as a larger part of the AUA's legislative/advocacy priorities
- Engage US Congress on key VA issues.

These efforts have led to the introduction of The Veterans Prostate Cancer Treatment and Research Act. Efforts will continue the work. If you are interested in getting involved, contact at the AUA is Mr. Quadricos Driskell see websites below.

Finally, for those of you who are transitioning and exploring opportunities in urology, please note that there are multiple positions available for urologists at the VA. This listing can be found on the two websites: VAcareers.va.gov or vajobs.gov.

2021 Virtual Meeting Winners



Congratulations Meeting Winners!



SATURDAY JAN. 23 - PODIUM WINNERS

RESIDENT/FELLOW WINNERS

1st Place: CPT Bradley Potts, MC, USA

2nd Place: LCDR Charles Rhinehart, MC, USN

3rd Place: Kevin Krugoff, MD

MEDICAL STUDENT WINNER

1st Place: 2LT Timothy Brandt, MC, USA

SUNDAY JAN. 24 - POSTER WINNERS

RESIDENT/FELLOW WINNERS

1st Place: Capt Jessica Saeger, MC, USAF

2nd Place: Capt Tarah Woodle, MC, USAF

MEDICAL STUDENT WINNER

1st Place: Tara Sweeney, VA

2nd Place: 2LT Zachary Janatpour, MC, USA

**Congratulations to
Christopher Allam, DO**

**Awarded the 2021 AUA
Young Urologist
of the Year
from SGSU**

Thank you 2021 Meeting Supporters



Thank you Supporters

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Let's Meet in Las Vegas at the AUA - Sept. 9-13, 2021

USAV

Annual Meeting

Sunday, Sept. 12, 2021
10:30am-2:30pm

Sands Expo /
Venetian Hotel Complex



**Visit the
SGSU Exhibit!**

#304

**Encourage your
colleagues to join!**

Take-Home Messages from the 2021 Virtual Meeting

CONTRIBUTED BY JOHN M. BARRY, MD

- At large volume centers, automated semen analysis seems to be as accurate, and more cost-effective, than technician semen analysis.
- The simpler procedure of testicular sperm aspiration (TESA) is as effective as testicular sperm extraction (TESE) in men with obstructive azoospermia.
- Traumatic brain injury can cause male hypogonadism. Look for it.
- The equal access, no-cost military health care system removes socioeconomic barriers for diagnosis and treatment of testis cancer. (And most other health care problems.)
- When men arrive for prostate cancer screening, perhaps they should be screened for obstructive sleep apnea. The STOP-BANG and Epworth Sleepiness Scale (ESS) are just two clicks away on the web.
- A three gene (ERG, PCA3 and SPDEF) urine test has been developed to assess risk for significant prostate cancer. It may be helpful to select biopsy candidates. Will it replace the annual DRE and PSA?
- Mobilization of the distal urethra (MUG) is a reasonable, unstented approach to distal hypospadias.
- Bladder-to-skin ileal chimneys are still useful.
- Men's health clinics seem to be worthwhile for post-radical prostatectomy patients, especially those with erectile dysfunction.
- Perhaps disagreements among pathologists will be eliminated when prostate cancer grades can be determined by artificial intelligence (AI) programs. Perhaps AI will eliminate MRI PIRAD disagreements, as well.
- Silver-coated catheters and prophylactic antibiotics don't seem to reduce catheter-associated urinary tract infections.
- Perhaps we should rediscover bilateral orchiectomies to solve the problem of delayed or missed LHRH agonist or antagonist injections.
- Prostatic urethral lift (PUL) procedures are effective.
- The continuum of care for advanced prostate cancer is becoming rather complicated. Make friends with your medical oncologist.
- Parastomal hernias after ileal conduit creation are quite common. Perhaps peristomal mesh should be incorporated into the original procedures.
- HIFU may be finding a place in the treatment of prostate cancer.
- The metabolic syndrome seems to be associated with aggressive prostate cancer. Is it because the higher estradiol levels in these men select for castrate-resistant prostate cancer?
- A stone former with a serum calcium of 10.5 or greater should have a serum parathyroid hormone test.
- A re-do buccal mucosa harvest for urethroplasty after graft site closure doesn't affect long-term oral health.
- Radiation continues to be a 4X risk factor for ureteroenteric strictures after urinary diversions.
- The Akita diabetic mouse is proving to be a good model for the study of diabetic bladder dysfunction.
- In an underactive rat bladder model, electrical stimulation of the proximal urethra improved bladder function.
- The Feagin Leadership Program appears to be worthwhile for surgeons who aspire to leadership positions in medicine.
- Magnetic beads were removed as a string of beads from a man's urethra with cold-cup biopsy forceps.
- There is no need to discontinue aspirin before prostate biopsies.
- Thrombosis of a corpus cavernosum responded to anticoagulation.
- There was a reported death by Foley catheter.
- A virtual Happy Hour is better than no Happy Hour.

Plan for 2022 - 68th Annual Kimbrough Seminar

January 25-31, 2022 - Westin Mission Hills, Rancho Mirage, CA (near Palm Springs)

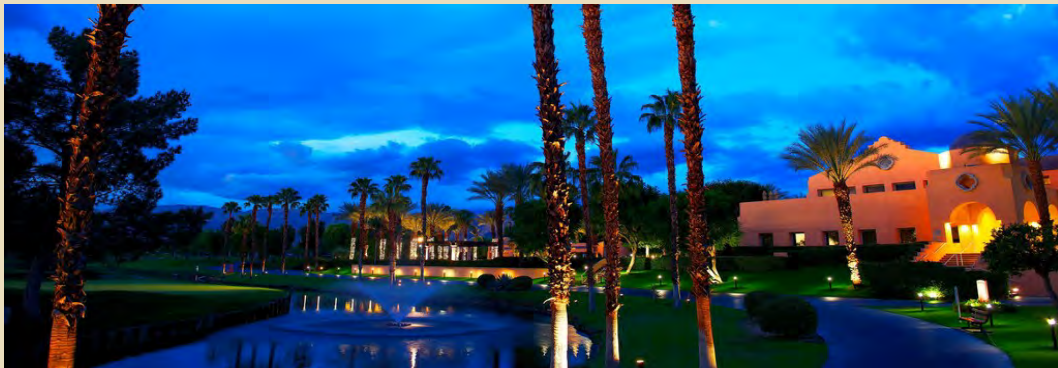


Featuring an 80's Night with FlashPants Band!

Training - Preparation - Collaboration for Military Urologists

2022 Annual Kimbrough Seminar
Westin Mission Hills
Rancho Mirage, California - January 25-31, 2022

★ **Call For Papers Deadline: September 30, 2021** ★



**Submit abstracts, reserve hotel & register
online at www.govurology.org**

**Program Chairmen Dr. Justin DeGrado & Dr. Jeffrey Jones
welcome you to Rancho Mirage, California
for an outstanding educational program, CME, networking,
career building and Mock Oral Boards!**