

# SGSU OUTLOOK

2025 ISSUE



THE SOCIETY OF GOVERNMENT SERVICE UROLOGISTS



## 2025 SGSU ATTENDEES - MEMPHIS, TENNESSEE

The SGSU held its 71st Annual James C. Kimbrough Urology Seminar at the historic and elegant Peabody Hotel in Memphis, TN on January 15-19, 2025. In attendance, there were 123 physicians, residents, medical students and health professions plus spouses/guests and 23 exhibiting companies for a total of 213 participants. The scientific sessions and symposiums offered 21 CME credits, making the Kimbrough meeting an excellent value. There were 79 presentations including resident research papers, case reports, poster session with an awards ceremony/reception, invited expert state of the art lectures and the Manthos/Young Urologist Program. Unique to the Kimbrough is the Mock Oral Boards (a \$400 cost elsewhere) enabling a 97% pass-rate. Kudos to Dr. Sean Kern for organizing a full room for the Mock Boards. The Air Force conducted a Military Readiness & Preparedness Course specializing in trauma guidelines and Military KSA review. Our gratitude and thanks to Drs. Jonathan Berger, Alexander Doudt and Robert Grubb for their hard work in organizing this meeting. Our appreciation for the leadership of Dr. Jeff Jones for presiding over this meeting as President. Please read the valuable take-home messages that summarize key parts of the presentations with practice pearls - we thank Dr. John Barry for his excellent note-taking everyday. Also see inside for this year's prestigious award winners and scientific session winners - we congratulate them all on their excellence! We were very grateful to have speakers from

GURS, SMSNA, ISSWSH, the Manthos guest speaker and to all the invited expert speakers. The SGSU maintains its revered traditions while moving forward with new innovations to the meeting and creating value for our attendees.



Dr. Robert Grubb (1) Dr. Alex Doudt & Dr. Jonathan Berger (2) proudly accept their service plaques for coordinating an outstanding 71st Annual Meeting as the Program Chairs by President, Dr. Jeffrey Jones. (3) the SGSU Board of Directors hard at work during the meeting.



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# Report of the Secretary, Robert Dean, MD



## ***Dear Members & Colleagues,***

I would like to thank the members of the Society for attending our 71st Annual Meeting this year. It was wonderful to see the SGSU community and invited speakers engage. Drs. Jonathan Berger,

Alex Doudt and Robert Grubb, Program Directors, coordinated an outstanding, educational and interactive meeting along with the ingenious work of the DeSantis Management Group. I would like to recognize and commend all of them their efforts in organizing this meeting.

Our meeting offered attendees many hours of CME, provided with valuable opportunities to update medical knowledge, share ideas and support the military training programs that help educate the future urologists of America. The SGSU is dedicated to quality content and is an extremely valuable and economical way for military and former military urologists to stay current on the advances made in the specialty of urology. The SGSU puts much emphasis into our Residents / Young Urologists - offering a Residents Competition, Poster Awards and the Manthos Program with expert speakers for career advancement. This year Mr. Roger Bonds (his second invitation to speak) spoke to approximately 50 residents and young urologists on "Career Transition, Contract Review, Career Search Support, Practice Setup & Academic Practice Leadership.

Another major benefit to our meetings and at no extra cost is the Mock Oral Boards which offer chief residents and recent graduates a chance to prepare for the certifying examination of the American Board of Urology in a mock-

situation such as the boards. The pass rate is very high among those who took advantage. Much thanks to Dr. Sean Kern for organizing the content and reviewers.

I would like to acknowledge many of the SGSU Board members who pieced together the one-page history of the SGSU and all of the past presidents which were all included in the 2025 Program Book. Thank you all for taking on this task.

When the Board of Directors met, they were alerted to the fact that funding of resident travel to meetings is declining, thus a threat to the growth and education of our residents in the SGSU. A motion was made to support four resident travel scholarships to attend the 2026 SGSU meeting – one each for the army, navy, air force and USAV. Please help us support these new resident scholarships by being a benefactor of the SGSU.

The SGSU Membership Reception will be held during AUA Annual Meeting this year in Las Vegas on Sunday, April 27 from 4:30pm-6:30pm. Also, be sure to attend the USAV Annual Meeting on Monday, April 28, 7:30am-12:15pm. Both events will be held at the Venetian Expo Center. (see below for more details). Visit our SGSU booth, #370, in the Exhibit & Technology Hall.

Save the date, **Jan. 28 - Feb. 1, 2026**, for next year's annual meeting at the Hilton Long Beach, California, located near three airports, Queen Mary, Aquarium of the Pacific, local beaches and many theme parks - great for the family. I ask each member to encourage past members to solicit potential new members to join the SGSU so they may experience this great annual educational meeting. I look forward to seeing everyone in Las Vegas and Long Beach.

## **Let's Meet in LAS VEGAS at the AUA in April!**

★ **ALL MEMBERS INVITED** ★

**USAV Annual Meeting**

**Monday, April 28, 2025  
7:30am-12:15pm**

**Venetian Expo Center, Las Vegas  
Palazzo Ballroom A/B (Level 5)**

**Visit the SGSU**

**Booth in the Exhibit Hall!**

**#370**

**Encourage your colleagues to join!**

● **SGSU Membership** ●  
● **Meet & Greet Mixer!** ●

(in conjunction with the WSAUA)

**Sunday, April 27, 2025**

**4:30 PM - 6:30 PM**

**Venetian Expo Center, Las Vegas  
San Polo Ballroom - 3505/3506 (Level 3)**

Please RSVP to [info@gouvurology.org](mailto:info@gouvurology.org)







# 2025 Meeting Winners

## Congratulations Meeting Superstars!

Course Directors: CDR Jonathan Berger, LCDR Alexander Doudt & Robert Grubb & President: Jeffrey Jones  
present SGSU Awards during the Kathy & Preston Littrell Awards Ceremony.

### HONORARY SERVICE/PRESENTATION AWARDS

#### #1 HG Stevenson Award:

COL (Ret.) Robert Dean, MC, USA

#### #2 Honorary Lifetime Membership:

COL(Ret.)Timothy Brand MC, USA

### #3 JAMES C. KIMBROUGH RESIDENT COMPETITION AWARDS

1st Place: CPT Daniel Bender, MC, USA

2nd Place: Capt Ryan Frazier, MC, USAF

3rd Place: CPT Alexis Eastburn, MC, USA

#### #4 AUA-SGSU Young Urologist of the Year:

LTC Sean Kern, MC, USA

#### #5 Presidential Plaque: CAPT (Ret.) Jeffrey

Jones, MC, USNR

#### #6 Prince Beach Award: CAPT (Ret.) Timothy

Donahue, MC, USN (Elvis accepted on his behalf)

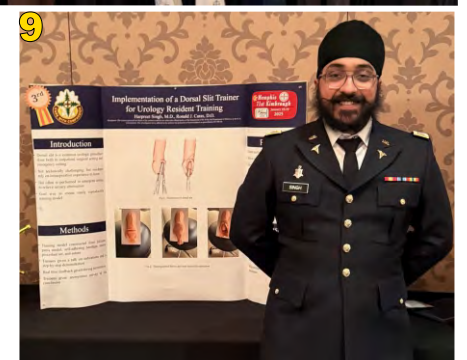
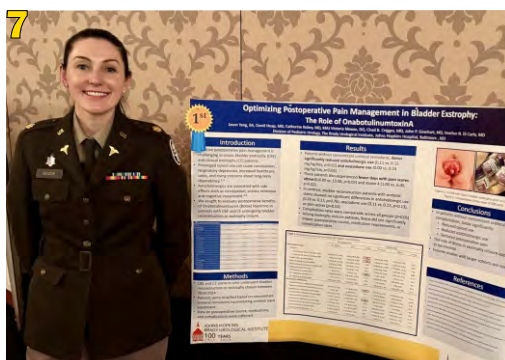
### POSTER PRESENTATION AWARDS

#### #7 Martin L. Dresner Grand Prize:

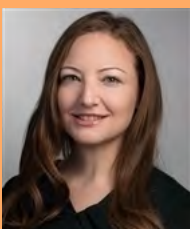
Victoria Maxon, MC, USA

#### #8 2nd Place: Arden Plumb, MD

#### #9 3rd Place: CPT Harpreet Singh, MC, USA



The USAV congratulates  
Jaime Cavallo, MD, MPH  
for being awarded the  
Young Urologist of the Year  
by the New England Section.



State of the Art Speakers: SMSNA Speaker  
Dr. Tobias Kohler & Dr. Marcelino Rivera.



Symposium Speakers:  
Dr. Judd Moul &  
Dr. William Aronson



Mathnos Speaker: Mr. Roger Bonds, of  
PhysicianCareerAdvisors.com, addresses needs of the  
Young Urologists & Residents.



ISSWSH Speaker:  
Sally MacPhedran, MD



# Interactive Sessions & Networking

## Scientific Session



## Business Meeting



## Exhibit Hall Fun ★



## ★ Post-Awards Reception with Elvis



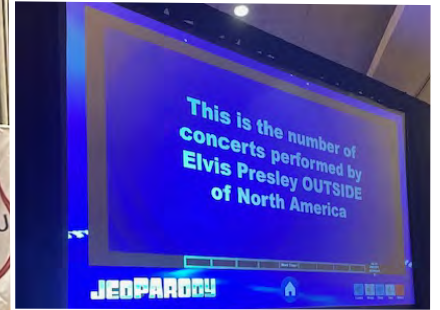
## The Mock Oral Boards - An Excellent Value to the Meeting - Coordinated by Sean Kern, MD





## GU Bowl - A SGSU Tradition

The traditional GU Bowl drew a large attendance at the Annual Meeting. Army, Navy, Airforce competed in a jeopardy “Elvis” themed challenge! A fun time was had by all.



### Good Times at the Welcome Reception



**Plan for 2026 - 72nd Annual Kimbrough Seminar**  
**Jan. 28 - Feb. 1, 2026 - Hilton Long Beach, CA**



# State of the Army, Navy, Air Force, USAV



## State of the Army by LTC Ryan Speir, MC, USA

This past year has been a busy one for Army Urology. Presently at 90% strength, however, we have only a single MTF that is staffed by a solo urologist. That is Camp Humphrey's Korea and it is a designated solo position. This fall/winter we are seeing two retirements: COL Darota Hawksworth and COL Lex Ernest. This summer pending separations: Andy Martinez-Morales, Robert Cooper, Seth Olcese, Stevie Sexton and John McCauley. We have three non GME PCS movers this summer. LTC Carolyn Salter will PCS to Walter Reed to replace COL Hawksworth, MAJ Rob Norman will PCS to Germany to replace MAJ Young and finally LTC Matt Banti will PCS to Madigan. This coming summer we will be graduating CPT Jon Yu, CPT Gabrielle Rohrer, CPT Evan Naber, CPT Lucien McBeth. We have two fellowship graduates: MAJ Ted Crisostomo-Wynne and MAJ Victoria Maxon. At this year's JGMESB, we selected 7 new residents. We also selected CPT Tim Brandt for an endourology fellowship, Francisco Ramos for an Oncology fellowship, and CPT Brittney Murray for a fellowship in Reconstructive and Trauma. For 2025, I'm anticipating that we will maintain our numbers. When we face low inventory, we may be forced to make choices about where to obligate our resources. I'm obligated to first fill Korea and Germany and our MAP positions. Preserving teaching at our GME locations is the next priority, followed by doing our best to maintain 2 urologists at each location. As we get greater clarity on the actual numbers for 2026 and 2027 I'll keep everyone informed. As always, I encourage anyone in Army Urology to reach out to me if they'd like to discuss career options. If there's something you'd like to do inside or outside of Urology, please let me know. Thanks to each of you for what you do for Army Urology



## The State of Navy by CDR Gregory Chesnut, MC, USN

I am optimistic about the state of the Navy in 2025. We all recognize challenges faced in manpower, funding, patient-access, and operational commitments. Our team is lean – we are undermanned – and our mission is dynamic. I appreciate greatly everyone's inputs to me regarding strengths/weaknesses/opportunities/threats in each of their commands. MANPOWER: 27 Navy urologists; 42 billets authorized (64% manned). We have 8 fellowship-trained, with 3 coming from fellowship this year, and 15 general urologists. 22 In urology billets, 4 In fellowship, 1 in flight surgeon billet, 1 billet filled by Army (PD, uro oncology NMCS). Our end strength is estimated to range from 24-28 over the next several years. Five Departures in 2025: Justin Degrado (NMCS trauma/recon) – separating to reserves, Brandon Garren (Yokosuka) – separating, Mike Hughes (Camp Lejeune) separating, Chad Pusateri (NMCP) – separating, Liza Evans (Jacksonville) - separating. GME: Five Gains in 2025: Chrissy Herforth (FPMRS from UTSW), Chloe Michel (lap/endo from JHU), Charlie Rinehart (trauma/recon from Wake Forest), Hannah Johnson (NMCS), TJ Algiers (NMCS). Ben Baker is in his first year of oncology training at UCSD. We selected 4 FTIS medical students to PGY-1 training – Shawn Cho (EVMS), Kayleigh Sinopole (Walter Reed), Kailey Davis (NMCS), and James Berry (NMCS). We also had 4 NADDS selections and await match results for them. Natalie May will return from the fleet to rejoin the team at NMCS. Z Jiang was selected for male infertility fellowship from Guam. PROMOTIONS: Selection boards have been announced for FY-26. Selected to promotion this year to O-4: Cody Ewing, Bryan

Kaps, Curtis Bloomer. Selected to promotion this year to O-5: Paul Campbell, Chad Pusateri, Charlie Rinehart. Selected to promotion this year to O-6: Suzanne Gudeman, Greg Chesnut. DEPLOYMENTS: Anticipating deployments with hospital ships/EMF this year. More specifics on these are forthcoming.

## State of the Air Force, Presented by Maj Amy Reed, MC, USAF for Christopher Allam, MC, USAF



State of the Air Force 2025: In terms of Air Force Urology workforce: authorizations have remained at 18 with 4 fellowship shed AFSC for a total Urology force strength of 20. There is currently a deficiency of 2 Urologists, vacancies at Langley AFB and Keesler AF. Losses: Col Timothy Baumgartner (SAUSHEC), Col Necia Pope (SAUSHEC), Lt. Col Eric Umbreit (SAUSHEC), Maj Ryan Zipper (Langley), Maj Ryan Layman (Keelser). There were 5 resident graduates last summer (2024): Maj Tarah Woodle (SAUSHEC), Maj Cassandra Lyons (San Diego – Navy), Maj Benjamin Croll (Emory), Maj Armand Allkanjari (Duke) – Elgin AFB, Maj Clint Yeaman (Virginia) – Langley AFB. We anticipate 3 resident graduating this coming summer. Fellowship graduates (summer 2024): Maj Amy Reed graduated from Vanderbilt University – Endourology/Robotics, Maj Helal Syed graduated from Childrens Hospital in Los Angeles – Pediatric Urology. Both joined the faculty at SAUSHEC. At the 2024 JSGMESB, we were authorized 4 training positions: 1 at SAUSHEC; 2 civilian-sponsored; 1 civilian deferred. Endourology and Female Pelvic Reconstruction (URPS) were offered. SAUSHEC Urology Residency program leadership: Lt. Col Christopher Allam (Program Director) and Maj David Barham (Army) was named the new Associate Program Director. The Program Coordinator position continues to be unfilled. Humanitarian Missions: Honduras: Summer 2024 by Col Baumgartner with >30 Pediatric Urological surgeries performed. El Salvador: Summer 2024 by Col Allam for endourology and laparoscopy training and education.



## State of USAV by Robert Grubb, III, MD

The USAV Board includes: President: Mark Sawyer, MD; Past Presidents: Robert Grubb, III, MD, Muta Issa, MD, MBA & Jeffrey Jones, MD, Vice President: Jennifer Taylor, MD; Secretary: Bennett Stackhouse, MD; Treasurer: Florian Schroeck, MD, MS, Liaison to the AUA: Jeffrey Jones, MD, Scientific Program Chairs: Thomas Masterson, MD & Jaime Cavallo, MD; Liaison to the SGSU: Stacey Koff, MD; Membership Chair: Atreya Dash, MD, Bylaws Chair: Mohammad Hajiha, MD, and Member-at-Large: Mona Jahromi, MD. All SGSU/USAV members are invited to the USAV Annual Meeting during AUA Meeting on Monday, April 28, 2025, 7:30 am -12:15 pm, at the Venetian Expo Center, Palazzo Ballroom A/B. The program will include industry, Podium and Poster Sessions, resident research presentations, relevant state of the art lectures by experts highlighting: Male SUI Panel, Radiation Cystitis and HBOT, National Surgical Office Update, Multiport (XI) vs SP robot system and more. Please register at <https://govurology.org/usav/> to attend. The USAV continues to grow financially to remain self-sufficient and thanks the SGSU for support and allowing a session at the SGSU Annual Meeting in Tennessee.



# Thank you 2025 Meeting Supporters

## Thank you Supporters

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# Training - Preparation - Collaboration for Military Urologists

## 2026 Annual Kimbrough Seminar

Hilton Long Beach, California

January 28 - February 1, 2026

Call For Papers Deadline: September 15, 2025

Submit abstracts, reserve hotel & register  
online at [www.govurology.org](http://www.govurology.org)

### Program Chairs:

LTC Matthew Kasprenski, MC, USA & LTC Thomas Gerald, MC, USA  
welcome you to Long Beach, California for outstanding Scientific Education and  
Engagement, CME at great value, Networking Opportunities, Preparedness Course,  
Career Building, GU Bowl, Mock Oral Boards and camaraderie!

## Mark Your Calendar



## MEMBER BENEFITS

- Discounted meeting registration fee
- Resume & leadership building
- Mock Oral Boards - prep for boards
- New Preparedness Course
- Updates from Military Branches
- Community networking
- Award recognition opportunities

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[govurology.org](http://govurology.org)



# 2025 Take-Home Meeting Messages by John M. Barry, MD

- The drug-coated balloon dilation system (Optilume) can successfully treat radiation-related urethral strictures that are <3cm in length.
- Proton therapy and intensity-modulated radiation therapy are equally effective - and problematic - for the treatment of localized prostate cancer.
- A 11.9 Fr steerable vacuum stone extraction system (CVAC) has been developed. It is "cool and awesome." (Resident prize winner)
- An epididymovasostomy may be a better choice than vasovasostomy when the testicular end of the vas is >0.90 mm in diameter.
- Wait 12 weeks to do a post-vasectomy semen analysis.
- A post-vasectomy, mail-in semen analysis is more likely to be done than requiring a specimen collection in clinic. (Suggestion: Give the mail-in kit to the woman.)
- Tobacco use was associated with decreased sperm concentration whereas occupational exposures such as heat, noise, solvents, radiation, vibrations, pesticides, heavy metals, ammunitions, electromagnetic fields didn't seem to have significant effects on semen parameters.
- The MyUroflow home device is well-received by adult men who are cellphone-savvy. (Another resident prize winner)
- There were no differences in the quality of urodynamics studies by urologic physicians or advanced practice providers.
- The budget game for clinical encounter data is underway.
- Injection therapy and prostate cancer treatment are associated with increased complications in inflatable penile prosthesis placement. (Another resident prize winner)
- It's common to use gentamicin + vancomycin (or a cephalosporin) to prevent penile prosthesis infection, and the addition of fluconazole is becoming more common.
- Obesity was reported not to result in more intraoperative or postoperative complications for penile prosthesis placement.
- The results of low-intensity shockwave therapy for erectile dysfunction would be more credible if an objective measure such as nocturnal penile tumescence testing was used instead of, or in addition to, sexual health questionnaires. (Perhaps the sexual partners should also fill out the questionnaires.)
- Bladder botulinum toxin injection following holmium laser enucleation of the prostate is of help for lower urinary tract symptoms.
- Injection of a urethral bulking agent, polyacrylamide hydrogel (Bulkamid), was effective in reducing urinary leakage in women with mixed urinary incontinence.
- Preoperative urine cultures are not concordant with stone cultures in nearly half of the patients with indwelling nephrostomy tubes.
- Burst wave lithotripsy (BWL) did not injure the kidneys of anticoagulated pigs. (BWL may replace current ESWL.)
- A ureteroscope with an outflow channel has been shown to maintain safe intrarenal pressures during renoscopy - in pigs.
- Sperm extraction is an option for men who desire to father a child after radical prostatectomy. (Is a statement about sterility after radical prostatectomy included in prostate cancer treatment guidelines, especially for younger men?)
- Sono-urolometry via a cellphone app has been FDA-approved to generate at-home flow curves. Machine learning is being applied to make the suggested interpretations of "normal, pelvic floor dysfunction" or "obstruction." (Perhaps the last will be changed to "obstruction/hypotonic bladder.")
- HoLEP was claimed to be the "Gold Standard" for prostate enucleation.
- 3D printing results in models that allow precise surgical planning.
- Case reports are fun.
- A dorsal slit trainer for residents was described in a poster.
- A novel serum biomarker (MicroRNA miR-371a-3p) is being evaluated for diagnosis and monitoring of testicular germ cell tumors. Will it replace AFP and bHCG?
- Onabotulinumtoxin A (Botox) injections for bladder surgeries in exstrophy patients resulted in the use of less opioids and anticholinergics postoperatively. (Winner of the Dresner Best Poster Award)
- The lunch programs were excellent whether CME was offered, or not.
- PhysicianCareerAdvisor.com and MDSearch.com are excellent starting places to help plan an after-uniformed-services career.
- An IL-15 agonist will increase proliferation and activation of NK, T, and memory T cells in non-muscle invasive bladder cancer.
- Dr. John Mulcahy needed no P-values to deliver a classic talk on penile prosthesis implantation.
- ED may be an early symptom of significant vascular disease.
- Dr. Sean Elliott gave a world-class presentation on urinary diversion in neurogenic bladder phenotypes.
- Medical treatment of prostate cancer is becoming more complicated.
- Vaginal estrogen is safe for postmenopausal women but get concurrence from gyn oncology if the patient has had breast or ovarian cancer.
- The GU Bowl was great fun.
- The Peabody in Memphis, TN was a perfect venue for the meeting.